

Colyte Split Dose INSTRUCTIONS

Five to Seven days before your exam

- DAILY MEDICATIONS**

If you are taking Coumadin (warfarin), Plavix (clopidigrel) Aspirin, Jantoven, Effient, Lovenox or other blood thinners, you must speak with your prescribing physician at least 2 weeks before the scheduled test. DO NOT STOP these medications without the consent of your physician.

Stop taking non-steroidal anti-inflammatory drugs (i.e. Ibuprofen, Advil, Motrin, and Aleve) 5-7 days prior to your exam.

Three Days before your exam

- Fill your prescription for COLYTE

PLEASE FOLLOW THESE PREP INSTRUCTIONS. DO NOT FOLLOW PACKAGE INSTRUCTIONS.

Two Days before your exam

Drink at least 8 glasses of water during the day and stop eating solid foods no later than midnight

One Day before your exam

No solid food for the entire day.

Clear liquids only – breakfast, lunch and dinner. Drink at least 8 glasses of water to avoid dehydration.

CLEAR LIQUID

Allowed Clear liquids	Non-Clear liquids NOT ALLOWED
Gatorade, Pedialyte or PowerAde	Red or purple items of any kind
Coffee, tea (no milk or non-dairy creamer)	Alcohol
Carbonated and non-carbonated soft drinks	Milk or non-dairy creamer
Kool-Aid or other fruit flavored drinks	Juice with pulp
Apple juice, white cranberry or white grape juice	Hard candy, gum
Jell-O, popsicles	Any liquid you cannot see through
Strained chicken, beef or vegetable broth	

Mix the Colyte solution as directed on the label with one (1) gallon or (4 liters) of water. You may add a flavor packet from the pharmacy.

At 5:00pm begin drinking one (1) 8 oz. glass of Colyte solution every 10 minutes until ½ of the jug has been consumed. This

should take approximately 2 hours to complete. *If you feel full or become nauseated by drinking the solution then slow down and finish it before midnight.*

It is very important to **drink 2 liters** of Colyte the evening prior to your exam.

Morning of your exam

Six hours before your exam, finish drinking the remaining ½ gallon or 2 liters of Colyte. It is important that you have finished the remaining 2 liters of your colon preparation at least 4 hours prior to your scheduled procedure time.

Four hours before the exam, stop drinking all clear liquids.

If you take medication for high blood pressure, seizures, asthma, thyroid disease, irregular heart beat or prednisone, you must take your medications **BEFORE 5 am.**

NOTHING BY MOUTH FOUR HOURS PRIOR TO YOUR PROCEDURE. No gum, candy or mints. Refrain from smoking on the day of your exam.

Verbal instructions and copy given to patient:

Date: _____ Name: _____