

SUTAB Split Dose INSTRUCTIONS

Two Weeks before your exam

- If you are taking Warfarin (Coumadin, Jantoven), Plavix (clopidigrel), Aspirin, Xarelto, Brilinta, Pradaxa, Eliquis, Effient, Lovenox or other blood thinners, consult with your prescribing physician to discuss the management of these medications at **least 2 weeks before your colonoscopy. DO NOT STOP** these medications without the consent of your physician.

Five to Seven days before your exam

- Stop taking non-steroidal anti-inflammatory drugs (i.e. Ibuprofen, Advil, Motrin, and Aleve) 5-7 days prior to your exam.

Three Days before your exam

- Fill your prescription for SUBTAB

PLEASE FOLLOW THESE PREP INSTRUCTIONS. DO NOT FOLLOW PACKAGE INSTRUCTIONS.

Two Days before your exam

- Drink at least 8 glasses of water during the day and stop eating solid foods no later than midnight.

Dose 1 - Day prior to the colonoscopy

No Solid food for the entire day.

Clear Liquids only - breakfast, lunch and dinner. Drink at least 8 glasses of water to avoid dehydration.

Clear liquids ALLOWED	Non-Clear liquids NOT ALLOWED
Gatorade, Pedialyte or PowerAde	Red or purple items of any kind
Coffee, tea (no milk or non-dairy creamer)	Alcohol
Carbonated and non-carbonated soft drinks	Milk or non-dairy creamer
Kool-Aid or other fruit flavored drinks	Juice with pulp
Apple juice, white cranberry or white grape juice	Hard candy, gum or mints
Jell-O, popsicles	Any liquid you cannot see through
Strained chicken, beef or vegetable broth	

- At 5pm the night before colonoscopy, open one bottle of 12 tablets.
- Fill the provided container with 16 ounces of water (up to the fill line). Swallow Each tablet with a sip of water and drink the entire amount over 15 to 20 minutes.
- Approximately one hour after the last tablet is ingested, fill the provided container a second time with 16 ounces of water (up to the fill line) and drink the entire amount.
- Approximately 30 minutes after finishing the second container of water, fill the provided container again with 16 ounces of water (up to the fill line) and drink the entire amount.
- If patients experience preparation-related symptoms (e.g. nausea, bloating, cramping), pause or slow down the rate of drinking the additional water until symptoms diminish.

Dose 2 - Day of the colonoscopy

- The morning of the procedure, 6 hours before the procedure time, open one bottle of 12 tablets.
- Fill the provided container with 16 ounces of water (up to the fill line). Swallow each tablet with a sip of water and drink the entire amount over 15 to 20 minutes.
- Approximately one hour after the last tablet is ingested, fill the provided container a second time with 16 ounces of water (up to the fill line) and drink the entire amount.
- Approximately 30 minutes after finishing the second container of water, fill the provided container again with 16 ounces of water (up to the fill line) and drink the entire amount.
- If patients experience preparation-related symptoms (e.g. nausea, bloating, cramping), pause or slow down the rate of drinking the additional water until symptoms diminish.

DAILY MEDICATIONS

If you take medication for high blood pressure, seizures, asthma, thyroid disease, irregular heart beat or prednisone, you must take your medications BEFORE 5 AM.

NOTHING BY MOUTH FOUR HOURS PRIOR TO YOUR PROCEDURE. No gum, candy or mints. Refrain from smoking the day of your exam.

Verbal instructions and copy given to patient

Date: _____ Name: _____